



How to Paint Oak Cabinets

Follow this guide to paint oak cabinets.

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TOOLS:

- [Safety Glasses](#) (1)
- [Painter's Tape](#) (1)

Step 1 — How to Paint Oak Cabinets



- Remove doors and label (write behind the hinges). Use 3M Advanced Masking plastic.
- Mask the openings in the cabinet frames

Step 2 — Clean cabinets



- Scrub the doors with Dawn dish soap to clean (you can also use a trisodium phosphate - TSP). Use gloves and eye protection. Spray on the tsp and let it sit for a few minutes, then wipe it off with a clean towel. Use a five in one tool to get the hard-to-reach corners.
- Caulk the panel inside corners. Use lightning caulk. Then bondo and prime Nick's and dings.
- Sand the bondo and the rest of the cabinets. Use denatured alcohol and steel wool to prep surfaces you can't sand. Then use a vacuum, air blower, and tack cloth to clean.

Step 3 — Paint



- Apply first coat of catalyzed laquer primer surfacer with sprayer. Use risers (plywood and nails) to raise the painted material off of your table and minimize smudges.
- Then use aqua coat grain filler.
- Spray on the second coat of primer (spray opposite direction) or you can use a roller. Prime the hard to see surfaces of the frame first, then focus on the face frame fronts where quality issues might be more visible so you can correct them.
- Then put grain filler on with plastic scraper. Use a cloth to wipe excess and apply in hard to reach areas.

Step 4 — Finishing



- Sand with 220 grit sandpaper.
- Apply first top coat and let dry.
- Apply second top coat and let dry.
- Inspect for blemishes in sand down if needed, then touch up.
- Reassemble cabinets.

Step 5 — Prep Work



- Prep. Use a 7/64 drill bit for pilots holes on hidden side of doors, then install cup hooks and hang on hangers that rotate.
- Use 3M 20/20 tape or Frog Tape for prep.

To reassemble your device, follow these instructions in reverse order.

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