



How to Fix a Squeaky Bed Frame

If your bed frame is squeaking every chance it...

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INTRODUCTION

If your bed frame is squeaking every chance it gets when you roll around or sit down, this guide is for you. This guide is quick and easy, with tools that you most likely have in your house!

Before this guide, please make sure there isn't any missing screws or broken parts of the frame because this guide does not show how to fix what is broken or missing. If that is the case, you must find the screws or buy to replace them.

Olive oil and Q-tips are a supplement tool to WD-40, if you do not have access to any.

TOOLS:

WD-40 (1)

Q-Tips (1)

Vegetable Oil (1)

Step 1 — How to Fix a Squeaky Bed Frame



- Remove anything that is on the bed frame.

Step 2



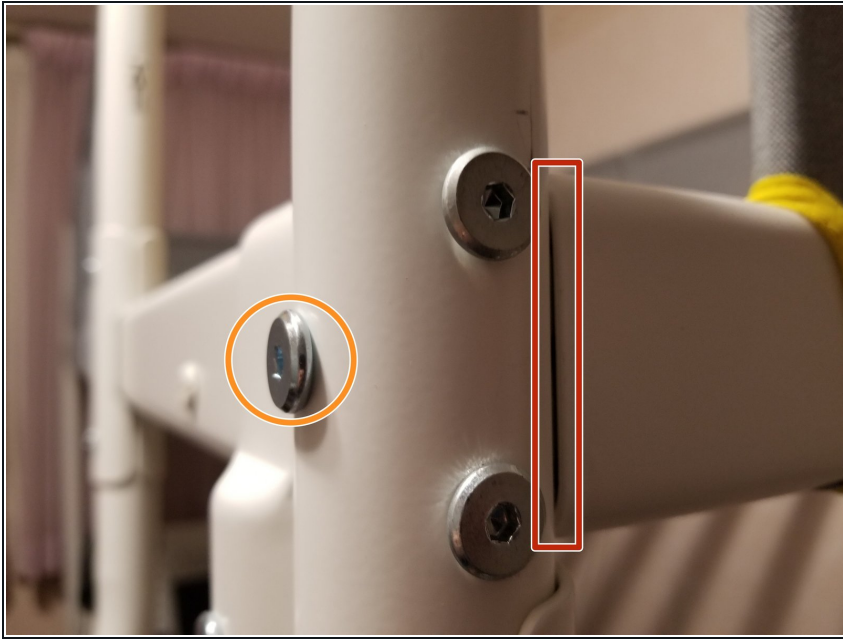
- Shake the bed frame to pinpoint the area of noise.

Step 3



- Identify which type of screw the bedframe uses in the given area.
 - ① You will need to make use of the corresponding screwdriver throughout the guide.
 - ① Typically, the bed frame will use the same type of screws throughout.

Step 4



- Ensure the components of the bed frame are aligned.
- Identify gaps between parts of the frame.
 - Tighten the screws where gaps are present
- ☑ Sometimes mismatched components cause squeakiness.

Step 5



- Tighten the screws within the area of noise.
- ⓘ It is recommended to retighten all the screws to avoid any future squeakiness but it is not required.

Step 6



- Spray WD-40 into all the contact points of the bed frame.
- This includes screws and intersections of the frame.

⚠ Be careful of the spray around children and your eyes.

Step 7



- ① This is an alternative for the previous step.
- If WD-40 is not available, using a q-tip dipped in a vegetable oil (or a comparable oil that is available) can be used to lubricate the contact points.

Reassemble the bed to your liking.