



# How to Fix a Loose Arm Rest for Office Chair

## 068-0935-6

A simple guide on fixing a wobbly and squeaky arm rest for an office chair for model 068-0935-6.

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## INTRODUCTION

Use this guide to fix the wobbly and squeaky arm rests for your “Living Polyurethane Split Leather” Office Chair (model 068-0935-6).

When you have an office chair for work purposes and it has been over a few years since you got that chair, your arm rest starts becoming wobbly and noisy. It is usually the loose screws and dust particles that make it wobbly and squeaky. Follow this guide to remove the arm rests, clean the screw holes, and reassemble your chair—you won't have loose arm rests when you're through!

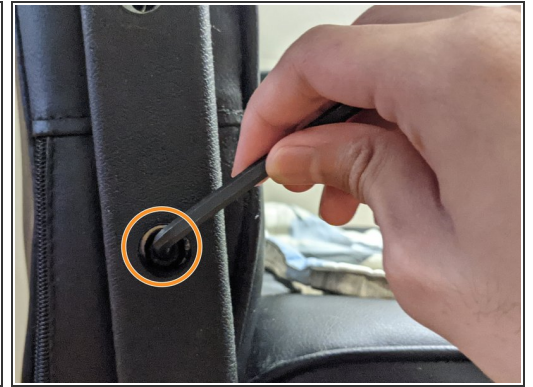
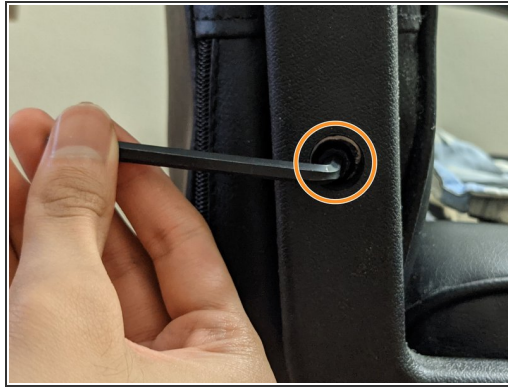


### TOOLS:

- [3/16" Hex Key](#) (1)
- [Q-Tips](#) (1)

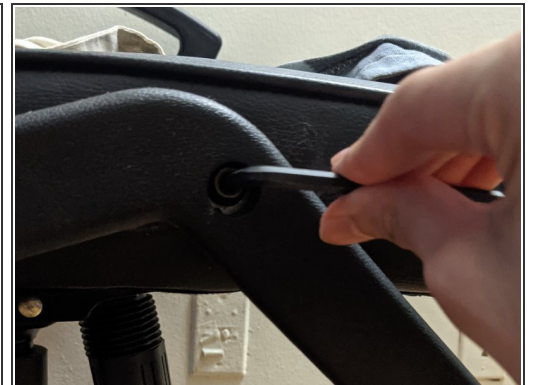
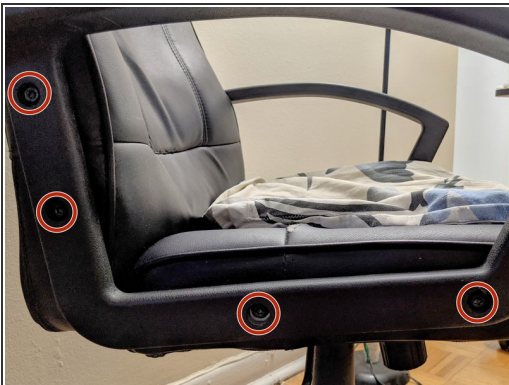


## Step 1 — How to Fix a Loose Arm Rest for Office Chair 068-0935-6



- Use a hex key to undo all of the M3 x 6 mm alloy steel hex bolts.
- Turn the hex key in the counter-clockwise direction to unscrew the bolts.

## Step 2



⚠ Avoid scratching the chair with the bolts when removing them from the arm rest.

🔧 Do the same as mentioned in Step 1 to the other bolts.

### Step 3



- After removing the arm rest, get a Q-tip and start cleaning the bolt holes.
- ⓘ Make sure to thoroughly clean the insides and use a new Q-tip for a new hole.

### Step 4



- Adjust the arm so that each hole is aligned with the hole where the bolt goes in as shown in the picture.
- ⓘ Get help from another person to hold the armrest up so it stays in alignment.

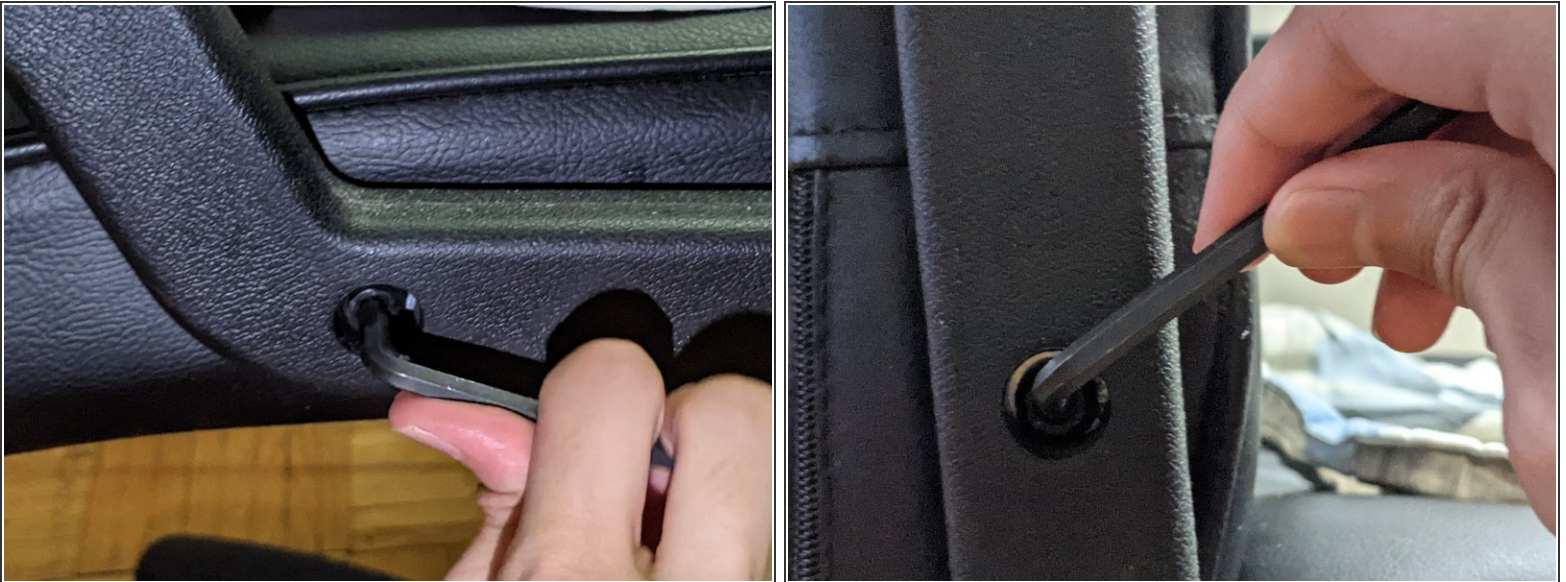


## Step 5



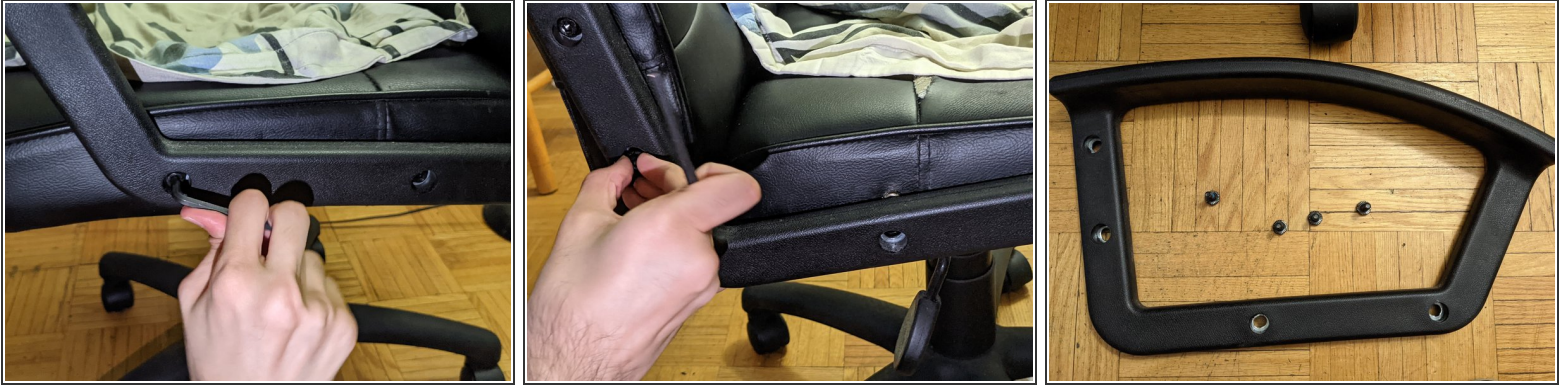
- Reassemble the arm rest and place the the bolts back as they were.
- To tighten the bolts, turn the hex key in a clockwise direction.

## Step 6



- Tighten the bolts and check to see if they are tight enough.
  - Check the arm rests to see if they are stiff and not wobbly
  - Check each bolt and tighten till the arm rest isn't wobbly.

## Step 7



- Repeat Steps 1-6 for the other arm rest.

To reassemble your device, follow these instructions in reverse order.